



Breezy Knoll Child Care Center
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AUGUST 2012

TODDLER NEWS



The Toddlers are enjoying the summer! We've had fun cooling off while playing in the water tables and running through the sprinklers. We've created some great art work and enjoyed special cool treats!

During the month, we will continue to enjoy our favorite activities outdoors, and playing in the sandbox and in water tables. Thank you for remembering to provide extra diapers. We will enjoy every minute of fun the summer offers!

DATES TO REMEMBER

- Mon, Aug. 13** Victory Day
BK CLOSED
- Thur, Aug. 23** Last day SA summer camp
- Fri, Aug. 24** **BK CLOSED** to prepare for school year
- Wed, Aug. 29** First day of BK Kindergarten
- Mon, Sept. 3** Labor Day **BK CLOSED**



WHY HANDS ON?

I tried to teach my child with books.
 He gave me only puzzled looks.
 I tried to teach my child with words.
 They passed him by, often unheard.
 Despairingly, I turned aside.
 How shall I teach this child?" I cried.
 Into my hand, he put the key.
 "Come," he said. "Play with me!"

LEARN THROUGH PLAY

From **RIELS Fun Family Activities** **SCIENCE**

ICE SCULPTURES:

- Gather together a variety of food storage containers and milk cartons in different shapes and sizes.
- Fill your containers and ice cube trays with water. For a real creation, add a few drops of food coloring to each container.
- Place all the containers in the freezer.
- Once they freeze, empty the containers and put gloves on your child. Have fun creating ice sculptures.
- Sprinkle kosher salt on the ice cubes so they will stick together.

On a hot summer day, it's fun to make your creations in a small pool!

PRESCHOOL FUN

It's hard to believe, but the summer is almost over! We hope you are able to enjoy some "lazy, hazy days" with your families. During the month of August, we will continue to enjoy warm, sunny days outside splashing in the water tables or running through the sprinklers. The curriculum will focus on summertime themes.



REMINDER

We are now planning for the fall. If you need to change your child's schedule in any way, i.e. add/drop/change a day, please see Jeannette. We still have some flexibility to add and/or change days.



SUN SAFETY TIPS: FACTS ABOUT SUNSCREENS

from the Amer. Acad. of Dermatology
www.aad.org/public/News/DermInfo/DInfoSunscreenFAQ.htm

- Everyone needs to use sunscreen, regardless of skin type.
- Sunscreens should be used everyday if you are going to be in the sun for more than 20 minutes.
- Sunscreens should be applied 15-30 minutes BEFORE going outside. Apply liberally.
- Don't forget that lips get sunburned too, so apply lip balm that contains sunscreen with an SPF of 15 or higher.
- Sunscreens should be reapplied every two hours or after swimming or perspiring heavily. Ideally, sunscreens should be water resistant, so they're not easily removed.
- Unless indicated by an expiration date, the FDA requires that all sunscreens be stable and at their strength for at least three years. However, keep in mind that if you are using the proper amount, a bottle of sunscreen will not last you very long.
- SPF does not actually increase proportionately with a designated SPF number. In higher SPFs, such as 30, 97 % of sun burning rays are deflected, while an SPF of 15 indicates 93% deflection, and an SPF of 2 equals 50% deflection. Research suggests that high SPF sunscreens are an appropriate choice for very sun-sensitive individuals.
- Because sunscreens can now chemically absorb UV rays, or deflect them, the term sunblock is no longer used. It's important to find a sunscreen that offers both UVA and UVB (broad spectrum) protection and includes ingredients such as benzophenones, oxybenzone, sulisobenzonone, titanium dioxide, zinc oxide, and avobenzone.
- Finally, there is no *safe* way to tan.

SONGS AND FINGERPLAYS

Splashing's So Much Fun

(Tune: "Ten Little Indians")
 One big, two big, three big
 splashes,
 Soaking even my eyelashes!
 I like making water splashes;
 Splashing's so much fun!
 (sing verse loudly, then softly)



I'm Going on Vacation

(Tune: "Sing a Song of Sixpence")
 I'm getting out my suitcase
 And packing it with clothes.
 I'm getting all dressed up,
 From my head to my toes.
 I'm getting out my ticket
 And putting on my hat.
 I'm going on vacation!
 Now, what do you think of that?



Fish Alive

One, two, three, four, five.
 Once I caught a fish alive.
 Six, seven, eight, nine, ten.
 Then I let it go again.
 Why did you let it go?
 Because it bit my finger so.
 Which finger did it bite?
 This little finger on my right!



Oh, Watermelon

(Tune: "O Christmas Tree")
 Oh, watermelon, big and green,
 You are the biggest that I've seen!
 Oh, watermelon, big and green,
 You are the biggest that I've seen!
 Underneath the green and white,
 You're juicy red. Let's take a bite!
 Oh, watermelon, fun to eat,
 You are my favorite summer treat!



Teddy Bear, Teddy Bear

Teddy bear, Teddy bear,
 touch your nose.
 Teddy bear, Teddy bear,
 Touch your toes.
 Teddy bear, Teddy bear,
 Touch your chin,
 Teddy bear, Teddy bear,
 Spin and spin!



Pop, Pop, Popsicle

(Tune: "Row Your Boat")
 Pop, pop, Popsicle -
 A yummy frozen treat!
 Cherry, lemon, orange, grape!
 Cool and fun to eat!

The Sun Is Out

(Tune: "Farmer in the Dell")
 The sun is out today.
 The sun is out today.
 Oh, my, how warm it
 feels.
 The sun is out today.



 * The curve of a parent's smile can set *
 * a lot of things straight! *



BOREDOM BUSTERS!

Ways Children Can Beat the Blahs!!



1. Visit a friend
2. Draw
3. Make a robot
4. Make a jigsaw puzzle
5. Make a kite
6. Roll down a hill
7. Dance
8. Bake cookies
9. Write a story or poem
10. Jump rope
11. Watch bugs
12. Make fruit cubes
13. Plant a box with seeds
14. Listen to music
15. Make up songs
16. Make a paper chain
17. Make a fort w/ sheets
18. Do cartwheels

Hug O' War

Shel Silverstein
 I will not play at
 tug o' war.
 I'd rather play at hug o' war,
 Where everyone hugs
 Instead of tugs,
 Where everyone giggles
 And rolls on the rug,
 Where everyone kisses,
 And everyone grins,
 And everyone cuddles,



Song For the Seashore

(Tune: "Do Your Ears Hang Low")
 Feel sand in my toes.
 Smell the ocean with my nose
 See the children splash and play.
 On a hot summer day.
 Hear the ocean waves go ROAR
 As they crash into the shore.
 Taste the salty sea.



The Ocean

(Tune: "Frere Jacques")
 I see big whales; I see big whales,
 In the sea, in the sea.
 Swimming, diving, blowing,
 Swimming, diving, blowing,
 In the waves, in the waves.
 Ask your child to make up
 verses about other ocean crea-

FIRST AID SUPPLIES FOR YOUR CAR from Caring for Your Baby and Young Child: Birth to Age 8- American Academy of Pediatrics
 You should prepare a first-aid kit for your home as well as one for each of your cars. The kit should contain:

- * Acetaminophen or a non-steroidal anti-inflammatory medication (ibuprofen)
- * Antibiotic ointment
- * Thermometer
- * Prescription medications (a month's supply)
- * Sterile adhesive bandages (in various sizes)
- * Gauze pads
- * Adhesive tape (hypoallergenic)
- * Tweezers
- * Soap or another cleansing agent
- * Petroleum jelly or another lubricant
- * Moistened towelettes
- * Scissors



HAPPY BIRTHDAY

This month we wish Happy Birthday to:
 Steven P. (8/2), Cameron D. (8/4),
 Abigail P. and Gianni M. (8/5),
 Dylan D. (8/7), Madelyn D. and
 Grace C. (8/10), Ethan H. and
 Olivia T. (8/11), Cameron M. (8/16),
 Adam K. (8/17), Chase W. (8/21),
 Ella R. and Jacob G. (8/24).

OPTIONAL LUNCH MILK/JUICE MONEY

If you would like Breezy Knoll to serve milk/juice to your child at lunchtime, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox. Thank you.

Child's Name _____ Amount enclosed: \$ _____

Milk/juice money enclosed for month of: Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec

