



**Breezy Knoll Child Care Center**  
**311 Stillwater Road**  
**Smithfield, RI 02917**  
**(401) 232-7177**



## AUGUST 2014

### TODDLER NEWS



The Toddlers are enjoying the summer! We've had fun cooling off while playing in the water tables and running through the sprinklers. We've created some great art work and enjoyed special cool treats!

During the month, we will continue to enjoy our favorite activities outdoors, and playing in the sandbox and in water tables. Thank you for remembering to provide extra diapers. We will enjoy every minute of fun the summer offers!

### DATES TO REMEMBER

- Mon, Aug. 11** Victory Day  
**BK CLOSED**
- Fri, Aug. 22** **BK CLOSED** to prepare for school year
- Mon, Aug. 25** **First day of BK Kindergarten**
- Mon, Sept. 1** **Labor Day BK CLOSED**



### WHY HANDS ON?

I tried to teach my child with books.  
 He gave me only puzzled looks.  
 I tried to teach my child with words.  
 They passed him by, often unheard.  
 Despairingly, I turned aside.  
 How shall I teach this child?" I cried.  
 Into my hand, he put the key.  
 "Come," he said. "Play with me!"

### LEARN THROUGH PLAY

From **RIELS Fun Family Activities** **SCIENCE**

#### ICE SCULPTURES:

1. Gather together a variety of food storage containers and milk cartons in different shapes and sizes.
2. Fill your containers and ice cube trays with water. For a real creation, add a few drops of food coloring to each container.
3. Place all the containers in the freezer.
4. Once they freeze, empty the containers and put gloves on your child. Have fun creating ice sculptures.
5. Sprinkle kosher salt on the ice cubes so they will stick together.

**On a hot summer day, it's fun to make your creations in a small pool!**

### PRESCHOOL FUN

It's hard to believe, but the summer is almost over! We hope you are able to enjoy some "lazy, hazy days" with your families. During the month of August, we will continue to enjoy warm, sunny days outside splashing in water tables or running through the sprinklers. The curriculum will focus on summertime themes.



### REMINDER

We are now planning for the fall. If you need to change your child's schedule in any way, i.e. add/drop/change a day, please see April or Jeannette. We still have some flexibility to add and/or change days.



### RESOURCES TO HELP YOU HAVE A FUN, HEALTHY AND SAFE SUMMER

Rhode Island Beach Water Quality: Check water safety before heading out to the beach.



Bathing Beaches Monitoring Program

(401) 222-2749 <http://www.health.ri.gov/beaches>

Air Quality Report: If your kids have asthma or allergies, check the ozone report before going outdoors.

Department of Environmental Management  
 (401) 222-2808 [www.dem.ri.gov](http://www.dem.ri.gov)

Safe Boating Campaign: Be a smart boater and always follow safety guidelines; don't take chances!

National Safe Boating Council

(703) 361-4294 [www.safeboatingcouncil.org](http://www.safeboatingcouncil.org)

### FIRST AID SUPPLIES FOR YOUR CAR

from *Caring for Your Baby and Young Child: Birth to Age 8*-  
 American Academy of Pediatrics

You should prepare a first-aid kit for your home as well as one for each of your cars. The kit should contain:

- \* Acetaminophen or a non-steroidal anti-inflammatory medication (ibuprofen)
- \* Antibiotic ointment
- \* Prescription medications (a month's supply)
- \* Sterile adhesive bandages (in various sizes)
- \* Gauze pads
- \* Adhesive tape (hypoallergenic)
- \* Tweezers
- \* Soap or another cleansing agent
- \* Petroleum jelly or another lubricant
- \* Moistened towelettes
- \* Thermometer
- \* Scissors



# SONGS AND FINGERPLAYS

## Splashing's So Much Fun

(Tune: "Ten Little Indians")

One big, two big, three big splashes,

Soaking even my eyelashes!

I like making water splashes;

Splashing's so much fun!

(sing verse loudly, then softly)



## Oh, Watermelon

(Tune: "O Christmas Tree")

Oh, watermelon, big and green,

You are the biggest that I've seen!

Oh, watermelon, big and green,

You are the biggest that I've seen!

Underneath the green and white,

You're juicy red.; let's take a bite

O watermelon, big and green

You are my favorite summer treat!



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\* The curve of a parent's smile can set \*

\* a lot of things straight! \*

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## Pop, Pop, Popsicle

(Tune: "Row Your Boat")

Pop, pop, Popsicle -

A yummy frozen treat!

Cherry, lemon, orange, grape!

Cool and fun to eat!



## The Sun Is Out

(Tune: "Farmer in the Dell")

The sun is out today.

The sun is out today.

Oh, my, how warm it feels.

The sun is out today.



## I'm Going on Vacation

(Tune: "Sing a Song of Sixpence")

I'm getting out my suitcase

And packing it with clothes.

I'm getting all dressed up,

From my head to my toes.

I'm getting out my ticket

And putting on my hat.

I'm going on vacation!

Now, what do you think of that?



## Teddy Bear, Teddy Bear

Teddy bear, Teddy bear,  
touch your nose.

Teddy bear, Teddy bear,  
Touch your toes.

Teddy bear, Teddy bear,  
Touch your chin,

Teddy bear, Teddy bear,  
Spin and spin!

## BOREDOM BUSTERS!

Ways Children Can Beat the Blahs!!

1. Visit a friend
2. Draw
3. Make a robot
4. Make a jigsaw puzzle
5. Make a kite
6. Roll down a hill
7. Dance
8. Bake cookies
9. Write a story or poem
10. Jump rope
11. Watch bugs
12. Make fruit cubes
13. Plant a box with seeds
14. Listen to music
15. Make up songs
16. Make a paper chain
17. Make a fort w/ sheets
18. Do cartwheels



## Song For the Seashore

(Tune: "Do Your Ears Hang Low")

Feel sand in my toes.

Smell the ocean with my nose

See the children splash and play.

On a hot summer day.

Hear the ocean waves go ROAR

As they crash into the shore.

Taste the salty sea.



## The Ocean

(Tune: "Frere Jacques")

I see big whales; I see big whales,  
In the sea, in the sea.

Swimming, diving, blowing,

Swimming, diving, blowing,

In the waves, in the waves.

Ask your child to make up verses  
about other ocean creatures!



## Hug O' War

Shel Silverstein

I will not play at tug o' war.

I'd rather play at hug o' war,

Where everyone hugs

Instead of tugs,

Where everyone giggles

And rolls on the rug,

Where everyone kisses,

And everyone grins,

And everyone cuddles,

And everyone wins.

## HAPPY BIRTHDAY

This month we wish Ha ppy Birthday to:  
Amelia C. (8/1), Steven P. (8/2), Cameron D.  
(8/4), Abigail P. and Gianni M. (8/5),  
Parker G. (8/18), and Luka C. (8/20), Keira C.  
(8/30), and Sklyer G. (8/31).

## FROZEN FRUIT CUPS

Recipe courtesy of USDA's [ChooseMyPlate.gov](http://ChooseMyPlate.gov) Serves 18

### Ingredients

- 3 bananas, mashed
- 24 ounces yogurt, non-fat strawberry flavored
- 10 ounces strawberries, frozen, thawed, undrained
- 1 can (8 ounces) crushed pineapple, undrained



**Directions:** Line muffin pans with paper baking cups (18 total). In a large mixing bowl, add mashed bananas, yogurt, strawberries, and pineapple. Spoon into muffin tin and freeze at least 3 hours or until firm. Remove frozen cups and store in a plastic bag in the freezer. Before serving, remove paper cups.

## DANCE TO RELAX

Relaxation movements are not the only way to unwind the body. Dancing does wonders." This is the observation of Alice Honig in her book, **Little Kids, Big Worries**.

"Choose slow skating waltzes and other dancing music for toddlers to relax, twirling dreamily to slow tunes. Some preschoolers love lively and stomping music. They jump and leap as they dance to those strong beats. Watch the children dance. Tensions flow out of their bodies as they move to the music."



## TODDLERS: GET TALKING

**Tell Secrets:** Whispering has a great effect in a loud, crowded place. Simply whisper a message into your child's ear. The background noise will require him to focus intently on your message, and he will undoubtedly want to whisper a message in your ear next. Concentrating on hearing and delivering the whispered messages is calming for your child and for you, too.



## OPTIONAL LUNCH MILK/JUICE MONEY

If you would like Breezy Knoll to serve milk/juice to your child at lunchtime, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox. Thank you.

Child's Name \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_

Milk/juice money enclosed for month of: Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec

