



Breezy Knoll Child Care Center
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..... JULY 2010 NEWSLETTER



WELCOME

We would like to wish a warm welcome to our new friends who have joined us for the summer! We are happy that you are part of the Breezy Knoll family and hope you will enjoy the activities planned.

We also welcome some new people to our staff this summer. Erica Ricci is a college student who will be working with the School Age summer campers. Carolyn Hoover, a former Breezy Knoll student!, will be working as needed as a floater. Samantha Walters, another college student, is also working as a floater where needed.

We're happy to be working with them at Breezy!

TODDLER NEWS

Summer is here, and we welcome the warm weather! We hope you are enjoying this time with your families. We would like to remind you that we will be playing in water very often, so please bring in a swim suit, towel and water shoes, labeled with your child's name. Extra diapers will be needed in the summer months due to increased water play. "Little Swimmers" diapers also work well. Thank you for replenishing the



SUMMER TIPS from RI Early Childhood Newsletter
 Avoid using scented soaps, perfumes or hair sprays on your children, as they can attract insects. Brightly colored and flowery printed clothing are also attractive to insects.

REMINDERS



- * We ask that you bring in for your child a bathing suit, towel, and a change of clothes, suitable for the weather. **PLEASE LABEL WITH YOUR CHILD'S NAME!**
- * Please note that Breezy Knoll will be closed Monday, July 5 to celebrate the holiday.
- * We suggest that, during outdoor water play, your child wears water shoes. They offer protection from slipping with wet feet and walking on wood chips .
- * Please remember to apply sunscreen and/or insect repellent to your child before arriving.



THEMES 'N THINGS



We will be spending a good deal of time getting wet outside! Our teachers have planned some fun activities as the children explore the topics of pond life and then the ocean. Fun topics like picnics and ice cream will also keep us in the summer spirit! We wish a happy summer to everyone!



HEALTH TIP OF THE MONTH

from Health Care Magazine, summer

Take a picnic basket, plenty of food, add a blanket, and you've got yourself the makings for a picnic. Why not take advantage of the warm summer weather and plan a fun day at your favorite local park? Before you pack, here are some quick pointers on food safety: Keep everything clean. Wash hands thoroughly before and after handling food. If there's no soap and water at your destination, bring it with you for cleaning. You can bring wet, disposable cloths or moist towelettes. Keep hot food hot and cold food cold. Most bacteria do not grow rapidly at temperatures below 40 deg. or above 140 deg. Keeping food at an unsafe temperature is a prime cause of food borne illness. Don't leave food out of the cooler or off the grill for more than two hours if the temperature is 90 deg. or above. If you bring hot take-out food, eat it within two hours of purchase. If you pack cold foods, be sure to use an insulated cooler packed with plenty of ice or gel packs. Cool the cooler. Trunks are good for luggage, but not for perishable food. Keep the cooler inside your air-conditioned car to avoid food spoilage. Keep drinks separate. Instead of constantly opening the cooler with perishable foods to grab drinks, bring a smaller cooler for beverages. Cook just enough. Cook only the amount of food that will be eaten. Discard any leftovers that have not remained sufficiently cold.

PARENT TIPS

The library is a great place to escape the summer heat! Look for additional resources in the children's rooms, including records, tapes, videos, games, puzzles and computers! Most libraries offer story hours and often have special attractions. The summer reading programs are great incentives to encourage your child to read! Read books together every day. Talk about the stories and the pictures. Ask your child, "What would happen if...?" questions. Help your child take out new books with his/ her own library card. One way to instill a love of reading in children is to allow them to choose books that are of interest to them. The library is a perfect place to offer many choices!



SONGS AND FINGERPLAYS

Hooray for Safe Water Play

(Tune: Hickory, Dickory, Dock)
Hip, hip, hip, hooray-
For fun and safe water play.
These are the rules
we learn in school.
We promise to obey!



Swim with a buddy
or pal.

Make sure that a
grown-up's around
Don't push or run.
Protect from the sun.
The water's a fun playground!



Summertime Song

(tune: Mary Had a Little Lamb)
Summer is the time to (play)
Time to (play), time to (play)
Summer is the time to (play)
Enjoy those sunny days!



(Insert other words
into brackets)

- • • • •
- KIDS QUOTE (a classic from past years)
- We are making you aware of a strange ailment brought to our attention by a child in the Starfish group. She complained to us that "When I bend my knee, my throat hurts."
- Now you know the symptoms! :) • • • • •



A Beach Song

(Tune: The Farmer in the Dell)
I'm going to the beach.
I'm going to the beach.
I think I'll see a (lifeguard) there.
I'm going to the beach.

Other words for brackets:
Sand, sandcastles, seagull, etc.

The Animal Fair

I went to the animal fair.
The animals all were there.
The old baboon by the light of the moon
Was combing his auburn hair.
The monkey sure was spunk.
He climbed up the elephant's trunk.
The elephant sneezed and fell to his knees,
And that was the end of the monk, the monk, the monk.



A-Hunting We Will Go

- Oh, a-hunting we will go
- A-hunting we will go.
- We'll catch a _____
- And put it in a _____
- And then we'll let it go!
- Sugg: fox/box, kitten/mitten, etc.

HAPPY BIRTHDAY

In July, we wish a Happy Birthday to:

Cody V. and Marcus S. (7/4),
Garrett M. (7/5), Tyler M. (7/11),
Madelyn S. & Lorelai S. (7/12),
Jordan H. (7/21), Giana C. and
Austin P. (7/22),
Brian K. and Logan G. (7/25),
and Chase P. (7/27).

The Zoo's the Place to Be

The zoo's the place to be,
If ever you want to see
A (lion) family.
So come along with me!



To the zoo! (clap, clap)
To the zoo! (clap, clap)
To the zoo. To the zoo. To the zoo!
(clap, clap)

Insert other animal names in bracket.

Building Sand Castles

(tune: Row, Row, Row
Your Boat)

Dig, dig, in the sand.
Pile it way up high.
Build a castle; make it tall,
Right up to the sky.
Splash, splash, comes a wave
And flattens out the sand.



LET'S GO OUTSIDE

Children love to play outside! Teachers love outdoor time, too. It's a relaxing part of the day and also a time when much learning takes place.

Physical development is evident outdoors as children learn about their bodies in space, practice important physical skills, and exercise and strengthen muscles. They also learn about the world around them as they observe changes in plants and the differences in the seasons. They watch living things, such as worms and crickets, and they learn about the earth as they collect rocks and leaves.

The outdoor environment is an extension of the classroom. The climbing equipment helps children develop judgment about what they can safely do. The sand-box is used to create mountains and castles and to explore the properties of dry and wet sand.

We often bring classroom equipment outside to enrich the outdoor environment. The time spent outside is a valuable part of our daily schedule.

LEARN THROUGH PLAY

from Scholastic Pre-K Today - FUN WATER PLAY ACTIVITIES
It's not magic - It's science!

*Talk about how temperatures can change things. Pour juice into an ice-cube tray and put it in the freezer. Peek at it every once in a while to see how long it takes to turn into a solid, then enjoy a chilly snack together. Place a juice cube in a bowl and see how long it takes to turn to a liquid. Which was faster?



*Enjoy a family concert. Give each person several glasses filled with different levels of water. Take some time to tap the sides with spoons and experiment with different sounds. Then together, create a delightful tune.

*Together, gather household objects and toys, such as ice cubes, styrofoam, aluminum foil, paper towels, a bar of soap, a rock, etc. Invite your child to guess which ones will sink and which will float. Test out your predictions!

OPTIONAL LUNCH MILK/JUICE MONEY

If you would like Breezy Knoll to serve milk/juice to your child at lunchtime, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox. Thank you.

Child's Name _____ Amount enclosed: _____

Milk/juice money enclosed for month of (please circle):

Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec

