



Breezy Knoll Child Care Center
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..... JULY 2011 NEWSLETTER

WELCOME



We would like to wish a warm welcome to our new friends who have joined us for the summer! We are happy that you are part of the Breezy Knoll family and hope you will enjoy the activities planned.

We also welcome a new staff person this summer. Caitlin Murphy is a college student who will be working as a floater where needed. We are pleased that Erica Ricci is also back for her second summer to work with the School Age Campers. Cara Brown is also back working part time as a floater where needed. We're happy they are here with us at Breezy!

TODDLER NEWS

Summer is here, and we welcome the warm weather! We hope you are enjoying this time with your families. We would like to remind you that we will be playing in water very often, so please bring in a swim suit, towel and water shoes, labeled with your child's name. Extra diapers will be needed in the summer months due to increased water play. "Little Swimmers" diapers also work well. Thank you for replenishing the diaper supply more often!



SUMMER TIPS from RI Early Childhood Newsletter
 Avoid using scented soaps, perfumes or hair sprays on your children, as they can attract insects. Brightly colored and flowery printed clothing are also attractive to insects.



REMINDERS

- * We ask that you bring in for your child a bathing suit, towel, and a change of clothes, suitable for the weather. **PLEASE LABEL WITH YOUR CHILD'S NAME!**
- * Please note that Breezy Knoll will be closed Monday, July 4 to celebrate the holiday.
- * We suggest that, during outdoor water play, your child wears water shoes. They offer protection from slipping with wet feet and walking on wood chips .
- * Please remember to apply sunscreen and/or insect repellent to your child before arriving.



THEMES 'N THINGS



We will be spending a good deal of time getting wet outside! Our teachers have planned some fun activities as the children explore the topics of pond life and then the ocean. Fun topics like picnics and ice cream will also keep us in the summer spirit! We wish a happy summer to everyone!



HEALTH TIP OF THE MONTH

from Health Care Magazine, summer

Take a picnic basket, plenty of food, add a blanket, and you've got yourself the makings for a picnic. Why not take advantage of the warm summer weather and plan a fun day at your favorite local park? Before you pack, here are some quick pointers on food safety: Keep everything clean. Wash hands thoroughly before and after handling food. If there's no soap and water at your destination, bring it with you for cleaning. You can bring wet, disposable cloths or moist towelettes. Keep hot food hot and cold food cold. Most bacteria do not grow rapidly at temperatures below 40 deg. or above 140 deg. Keeping food at an unsafe temperature is a prime cause of food borne illness. Don't leave food out of the cooler or off the grill for more than two hours if the temperature is 90 deg. or above. If you bring hot take-out food, eat it within two hours of purchase. If you pack cold foods, be sure to use an insulated cooler packed with plenty of ice or gel packs. Cool the cooler. Trunks are good for luggage, but not for perishable food. Keep the cooler inside your air-conditioned car to avoid food spoilage. Keep drinks separate. Instead of constantly opening the cooler with perishable foods to grab drinks, bring a smaller cooler for beverages. Cook just enough. Cook only the amount of food that will be eaten. Discard any leftovers that have not remained sufficiently cold.

PARENT TIPS

The library is a great place to escape the summer heat! Look for additional resources in the children's rooms, including records, tapes, videos, games, puzzles and computers! Most libraries offer story hours and often have special attractions. The summer reading programs are great incentives to encourage your child to read! Read books together every day. Talk about the stories and the pictures. Ask your child, "What would happen if...?" questions. Help your child take out new books with his/ her own library card. One way to instill a love of reading in children is to allow them to choose books that are of interest to them. The library is a perfect place to offer many choices!



