



Breezy Knoll Child Care Center
 311 Stillwater Road
 Smithfield, RI 02917
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..... JUNE 2010 NEWSLETTER

WELCOME SUMMER

The lazy, hazy days of summer will soon be here! Although we look forward to the change of the season, we sadly say good-bye to some of our friends. To those who are leaving us, we wish you the best and invite you to come back to visit any time at all! We will miss you. To our returning friends, welcome back! It's great to see you again! To those new friends who will join us for the summer, we welcome you to the Breezy Knoll family.



DATES TO REMEMBER

- June 11, Fri. Kindergarten Graduation
5:45PM—6:45PM
- June 20, Sun. Happy Father's Day!
- June 21, Mon. First day of summer
Summer program begins
- Fri, Aug. 27 CLOSED to prepare for the new school year. Thank you for making other arrangements.

Although the center is closed on Fri. Aug. 27, Kindergarten Orientation WILL be held on that day for students enrolled in Breezy

..... FOOTPRINTS

"Walk a little slower, Daddy,"
 Said a child so small.
 "I'm following in your footprints,
 And I don't want to fall.
 Sometimes your steps are very fast.
 Sometimes they're hard to see.
 So, walk a little slower, Daddy,
 For you are leading me.
 Someday when I'm all grown up,
 You're what I want to be.
 Then I will have a little child
 Who'll want to follow me.
 And I would want to lead just right,
 And know that I was true.
 So, walk a little slower, Daddy,
 For I must follow you."

OUR STAFF WISH

ALL BREEZY KNOLL DADS
 A WONDERFUL FATHER'S DAY!
 SIT BACK, PUT YOUR FEET UP,
 AND ENJOY THE DAY!



HAPPY RETIREMENT TO ANNA

As we hope everyone knows by now, on June 11, we are sadly saying goodbye to one of our most loved and respected teachers, Anna, who has been a part of the Breezy Knoll Family for 21 years! The party held on Saturday, June 5, was a huge success! Many present and former families came to wish her happiness in her retirement years. Fortunately, we were all able to keep it a surprise. The expression on her face was priceless! Everyone brought food, so we also enjoyed quite a feast. Many families also contributed to a "Memory Book," which contains pictures and sentiments that had us all in tears. What a wonderful, well-deserved tribute! We will all miss Anna, but wish her continued health and happiness.



REMINDERS

- * Please remember to apply sunscreen and/or insect repellent to your child in the morning BEFORE arriving at Breezy.
- * Please be sure that your child has an extra set of clothes to keep here at Breezy that are suitable for the weather. Thanks!

BLOOD DRIVE

Breezy Knoll will be sponsoring a second blood drive on Wednesday, June 23, 2010 from 2:00 pm —6:00 pm. The van will be parked on Breezy Knoll will be sponsoring a blood drive on Monday, April 12 from 2:00 pm to 6:00 pm. The van will be parked in our back parking lot during that time. We are hoping many of you will choose to donate blood before picking up your child on that day.

Donating blood is an easy and comfortable process. Most people say it is gratifying. The process of donating consists of four segments: the registration, interview, phlebotomy, and refreshment. The entire donation process can be completed in 45 minutes to an hour.

To donate blood, you must be at least 17 years of age; there is no upper age limit, weigh at least 110 lbs., and be in overall good health.



KINDERGARTEN NEWS

Last day of Kindergarten will be Friday, June 11. Kindergarten Graduation will be held on Friday evening, June 11, from 5:45—6:45 PM. Please plan to have your child arrive to the Kindergarten room by 5:30 PM.

Our focus will be on “end-of-the-year” activities. We will have several language arts projects, including composing invitations to the graduation. We also have a few surprises for Dad or other special people in our lives that we can’t talk about yet!

In addition, the Kindergarten class will participate in “Spirit Week” during the last week of school to have fun and celebrate an amazing school year.

It was such a wonderful year! All of the children have truly blossomed. Thank you for all of the support and dedication in making this school year a huge success. They are all amazing children. Have a safe summer and Best Wishes to all in the future.

CONGRATULATIONS TO THE CLASS OF 2009:

Kelsey, Nathaniel, Evan, Isabella, Roan, Vance, Colin, Christina, Makenna, and Abigail

Don't cry because it's over; smile because it happened!



QUOTES FOR FATHERS

*By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong.—Author unknown

*The older I get, the smarter my father seems to get.
- Tim Russert

*Fatherhood is pretending the present you love the most is soap-on-a-rope.
Bill Cosby



LEARN THROUGH PLAY

From Fun Family Activities MATHEMATICS

Your child can learn about shapes as you go about your day. Have fun as you discover and talk about all the shapes around you.

- Go on a “Shape Hunt” with your child, both inside and outside your home. Find objects that are circles, triangles or squares. “Can you find any rectangles in your room? How about the door, the books, and the pillow?”
- Play the game, “I See Something and It is Round.” Your child can keep guessing the items that fit the description until they guess the item you have in mind. Give clues by describing what the object is next to, under, or near.
- Make different shapes using dough and cookie cutters.
- Find household items that can be used to trace different shapes. Use the end of an empty toilet paper roll to make circles. Use the bottom of the cereal box to make rectangles.
- Talk about the differences they see in shapes. Ask “How many sides does a rectangle, square, and triangle have?”

HAPPY BIRTHDAY

This month, we wish a Happy Birthday to:
Brady D (6/1), Abby S. and Luca J. (6/2),
Jack D. (6/14), Catherine C. (6/3),
Wayne C. (6/5), Aidan F. and
Lucas R. (6/7), James M. (6/24),
and Reilly B. (6/28).

OPTIONAL LUNCH MILK/JUICE MONEY

If you would like Breezy Knoll to serve milk/juice to your child at lunchtime, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in tuition mailbox.

Thank you.

Child's Name _____ Amount enclosed: _____

Milk/juice money enclosed for month of: (circle): Jan Feb Mar Apr May June July Aug Sept Oct Nov Dec



SONGS AND FINGERPLAYS

Summertime Song

(tune: Mary Had a Little Lamb)
 Summer is the time to (play)
 Summer is the time to (play)
 Time to (play)
 Time to (play)
 Summer is the time to (play)
 Summer is the time to (play)
 Enjoy those summer days!



Fish Alive

One, two, three, four, five.
 Once I caught a fish alive.
 Six, seven, eight, nine, ten.
 Then I let it go again!
 Why did you let it go?
 Because it bit my finger so.
 Which finger did it bite?
 This little finger on my right!



I've Been Sitting in the Sunshine

(tune: I've Been Working on the Railroad)
 I've been sitting in the sunshine,
 Soaking up the sun.
 I've been sitting in the sunshine.
 I'm hotter than anyone.
 Wow, the sun is really shining!
 It's the hottest I ever felt.
 If I were a bar of chocolate,
 I would surely melt!



Sing a Song of Seasons

(tune: Sing a Song of Sixpence)
 Sing a song of seasons,
 Something bright in all.
 Flowers in the summer,
 Leaves in the fall.
 Snow in the winter,
 Buds in the spring.
 Aren't all these changes
 A wonderful thing?



Happy Father's Day

(tune: Twinkle, Twinkle, Little Star)
 Here's a little song to say,
 "Happy, Happy Father's Day!"
 No one's father is so sweet.
 Your kind ways just can't be beat.
 Happy, Happy Father's Day;
 I love you in a big way!



Kindergarten, Here We Come!

(tune: I've Been Working on the Railroad) 
 I've been going to my preschool
 All the whole year long.
 I've been going to my preschool,
 And I've learned a lot of songs.
 I can count and say the letters.
 I know my colors too.
 I've been going to my preschool,
 All the whole year through!
 Kindergarten, here I come.
 Kindergarten, here I come.
 I will be there s-o-o-n.
 Kindergarten, here I come.
 Kindergarten, here I come.

RIDDLE OF THE MONTH

Q: What do you call two elephants
 in a bathtub?
 A: Swimming trunks.



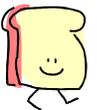
KIDS' QUOTES

We are passing along a new food idea for your child's lunch. Told to us by a Dad whose child, in the Sprouts group, was complaining that he did not like his lunch that day. Dad asked, "Well what would you like in your lunch?" The child replied, "Peanut butter and meatballs." Yum!

SUMMER ACTIVITIES

Be sure to check this website for ideas about some fun activities to do with your child during the summer. These educational preschool games are aligned with the RI Early Learning Standards, so your child will be learning without even knowing! They can be downloaded at www.ride.ri.gov/els.

KIDS' QUOTES

Here's a classic: After opening his lunchbox, a Kindergartner happily remarked, "Look! My Dad made home-made peanut butter and jelly!" 

FOR PARENTS OF PRESCHOOL AND TODDLERS/SUMMER ATTENDANCE

To help us better plan our staffing for the summer months, please complete the form below and return it to Jeannette's mailbox if you have not already done so. If you will be taking a vacation, it would be helpful for us to know. We appreciate your effort to help us with scheduling.

Child's Name _____ Group _____

Please note that you are responsible for payment for tuition even if your child is absent due to illness, personal, or vacation. The fees paid reserve your child's enrollment in the center. (PARENT HANDBOOK p. 1)

VACATION WEEKS MY CHILD WILL NOT ATTEND:

June 21—25	<input type="checkbox"/>	July 26—30	<input type="checkbox"/>
June 28—July 2	<input type="checkbox"/>	Aug. 2—6	<input type="checkbox"/>
July 6—9	<input type="checkbox"/> closed Mon. 7/5/10	August 10—13	<input type="checkbox"/> closed Mon. 8/9/10
July 12—16	<input type="checkbox"/>	August 16—20	<input type="checkbox"/>
July 19—23	<input type="checkbox"/>	August 23—26	<input type="checkbox"/> closed Fri. 8/27/10



TODDLER NEWS

This is an exciting time of year. We are very happy to welcome some new friends into our Toddler family and look forward to getting to know each and every one of you. Some of our Toddlers will move to the young preschool group, and we are confident that they will enjoy an easy transition! We will miss all of you in our room!

Just a few reminders: Please leave all toys at home. Breezy Knoll provides your child with many play opportunities. A stuffed animal for quiet time is all that is needed from home. We thank you for your cooperation.

Please take note of our Parent Board. We will post info on your child's day. A list of project needs will be posted there, as some families have asked for ways in which to help us. We greatly appreciate any donations!

We welcome summer and the fun it brings!!

PARENT TIP

From Women & Infants Hospital Healthy Regards Newsletter



Illness is not in anyone's vacation plan. But Dr. Karen Rosene Montella, Chief of Medicine at Women & Infants, explains that reveling in good health requires some know-how advance planning. Many folks know to check into immunizations at least six weeks before going on abroad. In addition, these tips may help you stay well on your next trip.

- * When in doubt about the water, stick to bottles or canned beverages.
- * If the food is questionable, stick to meals that are freshly cooked. These meals should be served hot and quickly. Also, don't eat fresh vegetables and fruits unless you wash and peel them yourself.
- * If you regularly take any prescriptions or over-the-counter medications, pack more than you think you will need. Also, ask your doctor to provide extra prescriptions in case you need refills. Luggage sometimes gets lost, so carry a small supply of essential medications with you in your purse or carry-on.
- * Remember to bring extra prescriptions for your contacts/eyeglasses in case of damage. Or bring an extra pair.

Sunscreen, insect repellent, diarrhea med, and water purification tablets are good to have while traveling.

SCHOOL AGE SUMMER CAMP

Please return all paperwork for summer camp as soon as possible, or at the latest, June 11, so that we may finalize plans. Thank you!

DISAPPEARING WORD GAME

On a sunny day, paint a letter or simple word on a sidewalk using a paintbrush and water. Ask your child to guess the letter or word before it disappears! Try it with shapes, too!



HEALTH TIP



"Parents and children must be educated to use sunscreen as part of an effective sun protection program," states Dermatologist Dr. June K. Robinson. The American Academy of Dermatology (www.aad.org) recommends the following tips for effective sunscreen use:

*Wear a broad-spectrum sunscreen with a sun protection factor (SPF) of at least 15.

*Use sunscreens every day if you are going to be in the sun for more than 20 minutes.

* Apply sunscreens to dry skin 15 to 30 minutes before going outdoors.

* When applying sunscreen, pay particular attention to the face, ears, hands and arms, and generously coat the skin that is not covered by clothing.

* One ounce of sunscreen, enough to fill a shot glass, is considered the amount needed to cover the exposed areas of the body completely.



* Reapply sunscreens every two hours or immediately after swimming or strenuous activities.

In addition to wearing a broad-spectrum sunscreen with an SPF of 15 or higher, a comprehensive sun protection program includes avoiding deliberate tanning with indoor or outdoor light, seeking shade, wearing protective clothing, and limiting exposure during peak hours. "Early initiation of these sun protection behaviors by parents and consistent use throughout life may decrease a child's lifetime risk of developing melanoma," stated Dr. Robinson.



NUTRITION TIP From Parenting Rules

Kids thirsty? Don't reach for the Gatorade or soda! Those are the last type of drink that your thirsty children need! Even juice isn't the best choice—four ounces a day of 100% fruit juice is all they need. Michelle Lamoureux, a registered dietician with Kids First, suggests offering your children water. And if they don't go for it, don't give up. Sometimes it takes up to a month to create a good habit. Just keep offering it. You can "dress up" your water by adding fruit like lemons and limes to it. Most kids like to drink out of bottles; try those little half pints of water if that's what your children like. Remember, setting a good example is a great way to create healthy habits in your children, so drink water yourself!