



**Breezy Knoll Child Care Center**  
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**SEPTEMBER 2014 NEWSLETTER**  
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**DYNAMIC CLASSROOMS ARE NOT QUIET!** from NAEYC Publication

Quiet classrooms do not mean that young children are learning. In fact, since oral language is very important during the early years, quiet classrooms may indicate that young children are not learning all they could be. Talking gives a child the opportunity to experiment with new words. It provides the vehicle for expressing ideas and current knowledge. Using words and talking about how things work, making comparisons, and retelling experiences lead to increased intellectual development. When children reconstruct experiences, sequence events, and point out similarities or differences, they are clearly engaging in higher-level thinking skills. And when kids are encouraged to ask questions, they not only gain information from adults' responses, but also build their competence and confidence as active seekers of knowledge and understanding. The vocabularies children use in reading and writing are based on the words they are familiar with from listening and speaking. But expanded vocabularies and other aspects of language growth occur through using language. Talking in the classroom may be a little noisy, but positive results are easily heard!



**BEGINNING PRESCHOOL**

As your three or four year old enters preschool, you may both experience the anxiety of separating in a new environment. Here are tips for making the beginning of preschool a positive experience for all.

**Share your feelings:** When it's time to separate, allow your child to express any feelings he/she

feels. Stabilize the situation by sharing your feelings in a reassuring, calm manner.

**Always say goodbye:** Give closure to your departure and reinforce trust with your child by letting him/her see you leave.

**Develop a routine:** Departure routines help reassure a child who is feeling stressed. Involve your child in developing a routine that might include a good-bye song, a special hug, or a "secret" signal. As with big steps in life, there may be moments of uncertainty. Keep your hugs and smiles ready and you'll both do just fine!

**A great book to share** is The Kissing Hand by Audrey Penn. Chester Raccoon doesn't want to go to school--he wants to stay home with his mother. She assures him that he'll love school--with its promise of new friends, new toys, and new books. Even better, she has a special secret that's been in the family for years--the Kissing Hand. She takes her son's hand, spreads his tiny fingers into a fan and kisses his palm--smack dab in the middle: Whenever he feels lonely at school, all he has to do is press his hand to his cheek to feel the warmth of his mother's kiss.



**REMINDERS**

- ◆ We ask that you leave all toys at home, except for a special day like "Show 'n Tell."
- ◆ Please use the front door when entering to pick up your child. For security reasons, we ask that you not enter through any of the back doors (which will be locked), or the side gates. Your child's safety is our first concern.
- ◆ Kindly be sure your child's change of clothes includes clothing suitable for the change of the season and cooler weather. Please label **all** items.
- ◆ All quiet time items need to be washed *weekly*. Please label *everything* with your child's name.
- ◆ Please remember to sign your child in and out daily.

**DATES TO REMEMBER**

- Mon, Aug. 25 First day BK Kindergarten
- Mon, Sep. 1 Labor Day **BK closed**
- Fri, Sep. 19 Apple picking field trip to Jaswell's Farm for Kindergarten and Pre-K classes
- Mon, Sep. 22 Autumn begins
- Wed, Sep. 24 School Pictures
- Thurs, Sep. 25 School Pictures Makeup Day



**NUTRITIONAL LUNCHES**



In the past, we have seen some not-so-healthy children's lunches. We will make some helpful suggestions and kindly request that you think about the nutritional value of the food items packed in your child's lunch. Remember, a balance in healthy, nutritional foods will make a lifetime statement and help your child become accustomed to making healthy foods choices.

Please avoid sugary and fatty items - "junk" food. Make sure that lunch offers a balance of the food groups. Think about yogurt (without gummies of candy). Remember that soda and/or candy are not allowed. Please provide fruit juice instead of fruit-flavored drinks or flavored milk. Be aware that fruit gummies and rollups are mostly sugar. Quiet time follows lunch, and it's hard for a child to settle down after eating/ drinking sugary foods.

We make these suggestions with your child's best interest in mind. Thank you!

**SCHOLASTIC BOOKS**

We will begin placing book orders again in September from Scholastic Books. When ordering, fill out the form, include payment, and return both to April's mailbox. Please remember to **MAKE CHECKS PAYABLE TO SCHOLASTIC BOOKS, INC.** If you would like to order scholastic books online, go to:

[www.scholastic.com/parentordering](http://www.scholastic.com/parentordering). Class user name: bkccfriends - password: fun2read





## TODDLER NEWS

With the fall, a new school year begins. Our toddlers are making a smooth transition into the new routine.

The Toddler teachers Tanya, Patrice, and Cori are looking forward to a great year with the terrific toddlers! Feel free to share your joys, questions, or concerns with any of us.

We ask that you be sure your child's foods are cut properly to be safe for your child to feed him/herself. Hot dogs and grapes may become a choking hazard if not cut *lengthwise*. Sending foods in microwave-safe containers helps us greatly in serving lunch quickly. As you well know, it is difficult for toddlers to wait, especially if they are hungry!

Some helpful reminders: 1) Please remember to label everything with first and last names. 2) A complete set of extra clothing appropriate for the weather should be kept here at Breezy. 3) We frequently take pictures for you to share in your child's daily activities. Donations of photo paper and HP ink cartridges #110 are *greatly* appreciated. 4) During the year, a "Projects Needs" list will be posted in the classroom. Your help in any way is always appreciated. We thank you in advance for your generosity.

We look forward to a fun-filled year of learning with the Toddlers!

## PRESCHOOL/PRE-K NEWS

The month of September brings many changes. As school begins, we sadly say good-bye to some of our friends, but happily welcome some new ones, as well as welcome back others! Autumn begins, sparking new ideas and plans.



During the month, our focus for planning will be on social emotional development pertaining to a child's self-concept, self-control within the classroom, and ability to accept rules. Teachers will note how the children are able to communicate needs and participate in conversation. Different tools will be offered to enhance a child's creativity. Children will use different senses depending upon the activity. Each teacher will plan curriculum according to the needs of her children to accomplish the learning goals for this month. Welcome to school!

## BLOOD DRIVE

Breezy Knoll will sponsor a blood drive on Tuesday, September 30th from 3:00 pm to 5:00 pm. The van will be parked on Thurber Blvd. near our side playground during that time. We are hoping many of you will choose to donate blood before picking up your child.

Donating blood is an easy and comfortable process. Most people say it is gratifying. The process of donating consists of four segments: the registration, interview, phlebotomy, and refreshment. The entire process can be completed in 45 minutes to an hour.

To donate blood, you must be at least 17 years of age; there is no upper age limit, weigh at least 110 lbs., and be in overall good health.

## WHY HANDS ON?

Author Unknown

I tried to teach my child with books.

He gave me only puzzled looks.

I tried to teach my child with words.

They passed him by, often unheard.

Despairingly, I turned aside.

"How shall I teach this child?" I cried.

Into my hand, he put the key.

"Come," he said. "Play with me!"



## EMAIL ADDRESSES



We are trying to communicate with our families by email as often as we can. There are many times when we need to send home paperwork, but for notices and the newsletter, email is very effective and saves a lot of paper! Kindly email: [jeannette@breezyknoll.necoxmail.com](mailto:jeannette@breezyknoll.necoxmail.com) to confirm the address we have on file for you. Thanks!

## PICTURES

Pictures play a very important role in our assessment practices. During the school year, the teachers will be taking photos of your child in activities and displayed in the classroom. We are asking for donations of photo paper and ink cartridges. The type we use is HP Tri-Color Print Cartridge #110. We appreciate any help you can give us! Thanks so much!

## CAR SEAT SAFETY from [healthychildren.org](http://healthychildren.org).

One of the most important jobs as a parent is keeping your child safe when riding in a vehicle. Each year thousands of young children are injured in car crashes. Proper use of car seats helps keep children safe. But with so many different car seats on the market, it's no wonder many parents find this overwhelming.

## FUN FAMILY ACTIVITIES—RI Early Learning Standards

### Different Faces



Help your child learn to recognize and name their own feelings and the feelings of others. Play a game of "making faces." Take turns asking each other to make different facial expressions. "Show me a happy face. Now, make a sad face, then an angry face, and a surprised face."

Ask your child to name the feeling by telling a short story. "Let's pretend you just lost your favorite toy. How would you feel? If you found your toy again, how would you feel?"

Ask your child to draw a face of someone feeling happy, sad, surprised, and tired. Talk to your child about the reasons people feel these emotions and how you could help.



The type of seat your child needs depends on several things, including your child's size and the type of vehicle you have. Read on for more information from the American Academy of Pediatrics (AAP) about choosing the most appropriate car seat for your child.

Note: The "Types of car seats at a glance" chart is a quick guide on where to start your search. It's important to continue reading more about the features and how to use your car seat. Additional safety tips are at the end of this article.



Click on this link for the full article and safety information: <http://www.healthychildren.org/english/safety-prevention/on-the-go/pages/car-safety-seats-information-for-families.aspx>

## KINDERGARTEN NEWS



Welcome to school! We all look forward to a great year ahead. **Kindly remember that Kindergarten begins promptly at 8:45 AM.** Please make every effort to arrive in time for the beginning of class. Also, children need to bring in their homework folders daily. Please provide an extra set of clothes labeled with your child's name to leave at school. Thank you for helping your child to remember to leave all toys at home.

**\*On Friday, September 19, at 10:00 AM,** the class will enjoy a field trip to Jaswell's Farm to pick apples.

This is an eagerly anticipated annual trip! Chaperones are welcomed.

*More information will follow.*

Social Studies  
Learning about ourselves,  
family, and friends

Math  
Numbers 1-10  
1:1 correspondence

Science  
The five senses  
Apples

Artist of the Month  
Jackson Pollock  
Activity: Pollock  
Splatter Paint

Language Arts  
Our names  
Letters and sounds  
Poems  
Begin our word wall

### DRAMATIC PLAY CLOTHING



We are looking for donations of gently used children's costumes, especially those pertaining to occupations, such as doctor, nurse, police officer, firefighter, postal carrier, etc. Dramatic play is an important part of a child's social and emotional development, as they role play real life situations. Dramatic play also allows a child to solve problems and to practice critical thinking skills. So much can be learned during role play while the children are having fun.

### FRIENDSHIP FINE ARTS from Parents Magazine

Walking into a classroom full of new faces can make any kid quiver. To boost his bravery, give him a refresher course in making friends. Lesson one: Assure him that his classmates are just as nervous as he is. Talk about how you made friends at a new job or mommy group -- maybe you were worried at first, but everything turned out just fine.

Try role-playing to help your child feel comfortable approaching a potential friend. He might look for something he has in common with one of his classmates ("Hi, I'm Jack. I really like your backpack -- it's my favorite color. What's your favorite color?") "Let him order his meal at a restaurant or give money to a cashier so he can practice talking to new people," says Lonna Corder, founding director of the Playgroup preschool in San Francisco.

Don't forget to cover the ways your child can be a good friend, such as sharing and taking turns. Praise him when he shares toys or waits to use the swing at the park, and explain that children will be happy when he does the same at school.



### PARENT TIP from RIELS Fun Family Activities Your Child's Social and Emotional Development

Being social is such a big part of who we are as people. Children should learn to join in and get along with others while feeling confident about who they are, as well as their place in the community. Children learn first by watching their parents, and then their friends. When your child shares positive experiences and is accepted by others, your child is developing a strong foundation for school and in the future.

\*\*\*\*\*  
\* To bring up a child in the way he should go, \*  
\* travel that way yourself once in a while. \*  
\* Josh Billings \*  
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### CLOTHING/SHOES

We would like to suggestions to the parents of the Toddlers and young preschoolers regarding your child's clothing and shoes. Because we are fostering a sense of independence in our young children, we ask that you send them dressed in clothing which requires little help from a teacher to pull on and off when using the bathroom. One-piece outfits are very difficult for a young child to manipulate; long straps sometimes end up in the water. Two piece outfits work best, especially those with elastic waistbands. **Pull-ups with velcro side tabs** work best when toilet-training! Tying shoes is a difficult task for a child to learn and a time consuming one for a teacher when dealing with a group of children. Many children's shoes offer velcro closures which are easy and quick to fasten. These shoes would help your child to develop independence when dressing and further boost confidence in learning yet another task. Preschoolers are so proud to say, "I can do it myself!"



### PICK UP/DROP OFF

When dropping off or picking up your child, we urge you to not leave any child unattended in a vehicle outside. Someone will gladly help you with your children if you need assistance. If you expect to be more than a few minutes inside, please try to park where you will not block another parent who may be in a hurry. **And, please don't park in front of the mailbox. We are unable to receive our mail delivery if there is a car blocking the mailbox.** We strongly request that you do not leave your car running when you enter the building. This creates a potentially hazardous situation for others outside, and the fumes are unpleasant and unhealthy to inhale.

### Optional Lunch Milk/Juice Money

If you would like Breezy Knoll to serve milk/juice to your child at lunch time, please enclose 25 cents for each day of the month your child will receive milk/juice. Please place money in an envelope and drop in mailbox over the sign-in book. Thanks! Child's Name \_\_\_\_\_

Milk/Juice money enclosed for month of: (circle one)

Jan    Feb    Mar    Apr    May    Jun    Jul    Aug    Sep    Oct    Nov    Dec



# SONGS AND FINGERPLAYS

When we are polite to children, we show,  
in the most simple and direct way possible,  
that we value them as people  
and care about their feelings.  
Dr. David Elkind

## Zip-a-dee-doo-dah

Zip-a-dee-doo-dah, zip-a-dee-ay!  
My, oh, my, what a wonderful day!  
Preschool is fun – lots of learning  
and play.  
Zip-a-dee-doo-dah, zip-a-dee-ay!  
It's time for me to go now.  
I'll be back on (Tuesday).  
It'll be another fun day.  
Zip-a-dee-ay!

## The Apple Tree

Way up high in the apple tree  
Two little apples looked down at me.  
I shook that tree just as hard as I could!  
Down came the apples.  
Mmmm, were they good!



## Who Is Here?

(Tune: Muffin Man)  
Who is here at school today?  
At school today, at school today?  
Who is here at school today?  
(Child's name) is!

## Good Morning!

(Tune: If You're Happy and You Know It)  
Good morning, preschool friends  
How are You? (Good. Good)  
Good morning, preschool friends  
How are You? (Good. Good)  
It's time to start our day.  
We will learn and work and play.  
Good morning, preschool friends  
How are You? (Good. Good)

## Mirror, Mirror

When I look in a mirror, I see my face.  
And all of my parts are in their place.  
I have one mouth, two ears, two eyes,  
And one nose in the middle – just the right size!

Children are apt to live up to  
what you believe of them.  
Lady Bird Johnson

## Snip, Snip, Snip

Open and shut,  
open and shut.  
That's the way we cut,  
cut, cut.  
The fingers are on the bottom.  
The thumb is on the top.  
Do not let the paper drop.  
Open and shut, open and shut.  
That's the way we cut, cut, cut..



## What Will I Do?

I'll have fun at Preschool.  
My friends and I will play.  
And before I go home,  
I'll **paint a picture** today!  
Substitute other activities, sugg:  
Mold with clay, sing a song, build  
with blocks, hear a story, etc.



## Singing the Senses

(Tune: Bingo)  
We use five senses everyday  
To help us learn and play.  
See, hear, smell, touch, taste  
See, hear, smell, touch, taste  
See, hear, smell, touch, taste  
We do these everyday!



## This is What I Can Do

This is what I can do.  
You can do it, too!  
This is what I can do.  
Now I pass it on to you.



## Who Are You?

(Tune: "Row Your Boat")  
Who, who, who are you?  
It would be so fine  
If you tell me what your name is,  
I will tell you mine!

## Apples

Apples are so good to eat.  
To have one is a special treat.  
Red, green, yellow, too.  
All of them are good for you!

## An Apple Surprise

Way up high in the apple tree,  
A little brown worm smiled at me.  
I winked my eye,  
And what do you suppose?  
A shiny, red apple dropped on my nose!



## Clean UP

Everyone clean up  
Everyone clean up  
Heigh-ho, way to go!  
Everyone, clean up!

## Going Home

(Tune: Mary Had a Little Lamb)  
We had lots of fun today,  
So let's all say "Hooray!"  
See you all another day.  
Let's be on our way.

## Draw a Circle

Draw a circle, draw a circle,  
Made very round.  
Draw a circle, draw a circle,  
No corners can be found.



## Open, Shut Them

Open, shut them, open, shut them.  
Give a little clap.  
Open, shut them, open, shut them.  
Put them in your lap.  
Creep them, creep them,  
Creep them, creep them  
Right up to your chin.  
Open up your little mouth  
And do not let them in!



## KIDS' QUOTES (CLASSIC)

The Kindergarten class was discussing the topic of birds flying south for the winter. The question asked was "Why do you think the birds fly in a V formation?" One child replied, "Because V is for vacation!"

## Plenty of Parts

(Tune: Did You Ever See a Lassie?)  
Can you name the different parts of an apple, an apple?  
Can you name the different parts of an apple for me?  
Oh, this is the skin; yes, this is the skin.  
Can you name the different parts of an apple for me?

**HAPPY BIRTHDAY**  
This month, we wish a Happy Birthday to:  
Ella M. (9/3), Madison F. (9/8),  
Paige K. and Max L. (9/12),  
Olivia C. (9/17), Jake F (9/20),  
and Connor C. (9/25).

